

Rissa Flexes – Terms of Use and Privacy Policy

Effective Date: August 6, 2025

Welcome to www.rissaflexes.com

The website www.rissaflexes.com (the “Site”) is operated by Rissa Flexes. By accessing or using this Site, you agree to be bound by the following Terms and Conditions and Privacy Policy (collectively, the “Agreement”). The Site offers flexibility-based group classes, private instruction, workshops, and digital content.

1. Terms and Conditions

1.1 Use of Site

You are granted a non-exclusive, non-transferable, revocable license to access and use www.rissaflexes.com strictly in accordance with these terms. You agree not to use the Site for any unlawful or prohibited activity.

1.2 Intellectual Property

All content on the Site is the property of Rissa Flexes or its content suppliers and is protected by copyright laws. You may not reproduce, modify, distribute, transmit, or sell any part of the Site without express written permission.

1.3 Electronic Communications

By visiting the Site or sending emails to Rissa Flexes, you consent to receive electronic communications. All agreements, notices, and disclosures provided electronically satisfy legal requirements for written communication.

1.4 Children Under Thirteen

Rissa Flexes does not knowingly collect personal data from individuals under 13 years old. If you are under 18, you may only use the Site with permission from a parent or legal guardian.

2. Cancellation, Refund & Late Policy (Effective August 6, 2025)

2.1 Group Classes & Workshops

- Cancellations must be made at least 24 hours in advance for a full refund.
- Workshops, tutorials, and recordings are non-refundable.
- No-shows without cancellation result in forfeiture of the session.

2.2 Private Sessions

- Private sessions are non-refundable.
- Sessions may be rescheduled with 24 hours' notice.
- Rescheduled sessions must be used within 7 days of the original booking.
- No-shows and clients arriving more than 15 minutes late will forfeit the session. No extra time will be added for late arrivals.

3. Third-Party Links and Services

The Site may contain links to third-party websites. Rissa Flexes is not responsible for the content or practices of any linked sites. Use of such links is at your own risk. Some services may be provided by third parties. By using these services, you consent to the sharing of necessary information with those providers.

4. International Users

If you access the Site from outside the United States, you are responsible for compliance with your local laws. This Site is controlled and operated from the USA.

5. Indemnification

You agree to indemnify and hold Rissa Flexes and its affiliates harmless from any claims, liabilities, or expenses resulting from your use of the Site or violation of this Agreement.

6. Dispute Resolution and Arbitration

6.1 Arbitration

Disputes under this Agreement will be resolved by binding arbitration under the Federal Arbitration Act. Arbitration will be administered by the American Arbitration Association (AAA) or a comparable service.

6.2 Class Action Waiver

You agree to resolve disputes individually, and waive any right to participate in a class or representative action.

7. Liability Disclaimer

The Site and its content are provided 'as is.' Rissa Flexes makes no warranties, expressed or implied, and is not liable for any damages related to your use or inability to use the Site.

8. Termination

Rissa Flexes reserves the right to terminate your access to the Site without notice if you violate these Terms.

9. Entire Agreement

This document constitutes the entire agreement between the user and Rissa Flexes regarding use of the Site. A printed version is admissible in legal proceedings.

10. Changes to This Agreement

Rissa Flexes may modify this Agreement at any time. Updates will be posted on the Site, and continued use after changes indicates your acceptance of the updated terms.

11. Contact Information

Questions or concerns about this Agreement may be directed to: Email: info@rissaflexes.com

Privacy Policy

12. Information We Collect

- Personal Information: such as name, email address, billing details
- Usage Data: including IP address, browser type, time zone, and pages visited
- Transaction Information: when purchasing services or content

13. How We Use Your Information

- Deliver services and content
- Process transactions
- Improve website experience
- Communicate offers or updates
- Comply with legal obligations

14. Sharing of Information

We may share your information with trusted service providers to facilitate services. We do not sell your personal data to third parties.

15. Data Security

We implement security measures to protect your data but cannot guarantee 100% protection. Users should take precautions when sharing sensitive information online.

16. Cookies and Tracking

We may use cookies and analytics tools to enhance user experience. You may choose to disable cookies in your browser settings.

17. Access and Control of Your Data

You may request access, correction, or deletion of your personal data by contacting us at info@rissaflexes.com.

18. Third-Party Links

The Site may contain links to external sites. Rissa Flexes is not responsible for their privacy practices.

19. Changes to This Privacy Policy

We reserve the right to modify this Privacy Policy. Updates will be reflected on this page.